



Good for You: LaSala's Dojo/Karate for Christ

By staff report

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FORT PIERCE —

On April 18, LaSala's Dojo/Karate for Christ won in two separate tournaments at the west and east coast of Florida.

Head instructor, Master LaSala, took a team of grapplers to the North American Grappling Associations 2009 Tournament of Champions at the Orange County Convention Center in Orlando and his wife, Sensei Bonnie, took a team of sport karate students to the Sarasota Martial Arts Challenge in Sarasota.

In Orlando, Stephanie Marconi won third place in the 14 and under, beginner gi grappling division and Stacey LaSala won third place in the 18 and over, expert no-gi grappling division. In Sarasota, seven students took home 18 trophies.

The results are as follows:

- Van Musgrave, 30, Port St. Lucie, first traditional weapons, second traditional forms, first power breaking;
- Nick Manzie, 37, Port St. Lucie, second traditional forms, first sparring, first self-defense;
- Allen Ritchey, 12, Fort Pierce, fourth traditional forms, third sparring, second self-defense;
- Barry Goldstein, 15, Fort Pierce, first sparring, first power breaking;
- Morgan Burns, 14, Fort Pierce, third sparring, first self-defense;
- Trisha Pease, 14, Fort Pierce, third traditional forms, second sparring, second group forms;
- Frederick Pease, 13, Fort Pierce, second group forms.

For more information on LaSala's Dojo/Karate for Christ visit lasalasdojo.com.



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