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## Local Martial Arts Master Honored at Intl Event

Contributed by: [Madeline Baum](#) on 4/15/2008

**3x World Champion and Fort Pierce resident, Master Fred J. LaSala, age 47, nominated to attend and compete in the World Head of Family Sokeship Council (WHFSC) INTERNATIONAL MARTIAL ARTS TOURNAMENT AND AWARDS BANQUET.**

Master Fred J. LaSala, 3x world Champion and Head Instructor of LaSala's Dojo (Karate for Christ) in Fort Pierce FL, has been honored with a nomination and invitation to attend the WHFSC International Martial Arts Tournament and Awards Banquet in San Antonio Texas on May 23-24, 2008. The **World Head of Family Sokeship Council** grants membership solely by invitation or sponsorship and is the most elite and prestigious Grand Master's council in the world. Mater LaSala's nomination and invitation to compete at this event is a great honor and illustrates his outstanding accomplishments in the International Martial Arts community.

Master LaSala, age 47, who is training six days per week preparing for this competition, holds three I.S.K.A. World Titles, is a 6 th Degree Master in the art of Tai Chuan Do Karate and is a member of the Florida Martial Arts Hall of Fame. He also holds four state championship titles and has won a silver medal in a jujitsu competition for the Wide World of Sports. In addition, Master LaSala has appeared on ESPN, ESPN2, FX and the Sunshine Network, as well as in the Discovery Channel's documentary "Extreme Martial Arts". In 1995 he fought with the US Karate team in Venezuela and in 1999 he fought to the finals of the Tough Man Contest in St Lucie County Florida.

At the WHFSC event, Master LaSala and his daughter Sensei Stacey LaSala will be competing against competitors from across the United States and various countries, including Germany, Canada, Japan, Great Britain and Malaysia. Sensei Stacey LaSala, age 17, is a black belt and 2007 World Champion in Self Defense. She also holds several state championship titles and is a junior at Fort Piece Central High School where she maintains a 4.0 GPA. She will be competing in the super lightweight division (145 pounds and below). Master LaSala will compete in grappling events in the light weight division which is the 165 pounds and below weight class.

Two other students from LaSala's dojo will be accompanying the LaSalas at the event. Matt Fillion, a brown belt from Fort Pierce and Frank Marconi, an orange belt from Port St Lucie will be assisting Master LaSala in a seminar he will teach and will serve as his "corner men" when he competes.

Master LaSala says, "I am honored and very excited to have been nominated and invited to attend this prestigious event. We are working very hard to prepare our bodies and minds so that we will be able to represent our students, our dojo and, above all, our Lord and Savior, Jesus Christ at this major international event."

### About the Event

The WHFSC International Martial Arts Tournament and Awards Banquet will take place on May 23-24, 2008 at the Crowne Plaza Hotel, 111 East Pecan Street, San Antonio Texas, 78205. For more information visit the WHFSC website at [www.bushido.org/whfsc/](http://www.bushido.org/whfsc/) or call the hotel at 210-354-2800.

For more information about LaSala's Dojo, Karate for Christ or Master Fred LaSala please contact Madeline Baum at 561-676-6774 or [madelinebaum@msn.com](mailto:madelinebaum@msn.com), or Sensei Bonnie LaSala at 772-332-0101 or [laSalasdojo@comcast.net](mailto:laSalasdojo@comcast.net). Also, visit our website at [www.lasalasdojo.com](http://www.lasalasdojo.com)